

22 (Sandy) Squadron
Air Training Corps
Officer Commanding
Flt. Lt. M J Bell RAF VR(T)



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PRESS RELEASE

Congratulations for to 22 (Sandy) Squadron Cadet Adam Randall on his recent promotion to Corporal. Cadets Hadleigh Spicer, Clare Hillier and Alice Ward were enrolled recently at the Squadron, the Commanding Officer welcomed them following their "promise".

Cadets Mullens and Shaikh along with F/S Henshaw and Cpl Randall had a recent Gliding experience at RAF Henlow. Cdt Shaikh and Sgt Mullens have just returned from Windermere Adventure Training Centre following a week's climbing and trekking with the Wing, they both thoroughly enjoyed the experience, so much so that Cdt Shaikh wants another chance to go, this time to Llanbedr in Wales in September. Unfortunately for Sgt Mullens this is his last few months with the Squadron as a Cadet, as he has to leave due to age shortly.

Six Cadets from the Squadron are at present away at the Wing Easter Camp in Norfolk, undertaking exercises, bivvy building, leadership exercises and abseiling. Cpl Robert Young will also be away visiting RAF Akrotiri in Cyprus for two weeks on the much sought after overseas Camp.

12 Cadets have completed their St John's Ambulance First Aid certificate. Although they are still waiting for their badges and certificates to arrive, the next six Cadets will be commencing their First Aid training this month. Cadets will also be undertaking duties at the St George's Day Charity Ball at Shuttleworth shortly.

Wing Athletics on 23rd April at Cambridge hopes to produce some budding athletes. We wish them good luck, and hope they bring back some individual medals.

It's the start of another busy year for 22 Squadron who are actively recruiting Cadets both male and female age 13 plus, log on to the website at www.sandy-aircadets.org.uk or ring 01234 307776 for further information.

Margaret Bell

Flight Lieutenant

RAF VR(T)

OC 22 Sqn



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E-mail (22Sqn@BedsCambsWgATC.org) Website: www.sandy-aircadets.org.uk

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