

22 (Sandy) Squadron  
Air Training Corps  
Officer Commanding  
Flt. Lt. M J Bell RAF VR(T)



Tel: 01234 307776 (Mobile) 07810 486412

*Please reply to the Officer Commanding*

See Distribution

Your reference:

Our reference:

Date: 13 Jul 06

## PRESS RELEASE

### A flying visit

Former Air Cadet James Coates paid a flying visit back to his old Squadron 22 (Sandy) on 11<sup>th</sup> July. James now an Air Trooper in the Army Air Corps was on a weekends leave after completing Phase 1 of his training. He is now working his way through Phase 2 at Middle Wallop which includes ground crew training on the Lynx. Gazelles and Apaches, re-fuelling, signals, his driving test, HGV and a weeks exercise.

The Cadets were really please to see him, and flocked round to listen to what he had been doing. Air Trooper Coates said "I am really enjoying it in the AAC, its very hard work, especially getting up early in the morning, but its worth it I am really glad I joined".

22 Squadron are actively recruiting Cadets both male and female age 13 plus, log on to the website at [www.sandy-aircadets.org.uk](http://www.sandy-aircadets.org.uk) or ring 01234 307776 for further information.



Flt. Lt. Margaret Bell  
OC 22 (Sandy) Sqn



INVESTOR IN PEOPLE

E-mail (22Sqn@BedsCambsWgATC.org ) Website: [www.sandy-aircadets.org.uk](http://www.sandy-aircadets.org.uk)

Charity Exemption W182/00