

From: Flight Lieutenant M F Bell  
460 (Dunstable) Squadron  
Air Training Corps



Tel: 01234 307776

Commanding Officer : Flt Lt M.F. Bell BSc RAF VR(T)

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## PRESS RELEASE

### Air Cadets Train at RAF Halton

38 Air Cadets from 460 (Dunstable) Squadron, together with 5 Cadets from 1985 (Flitwick) Squadron have recently completed a training week-end at RAF Halton in Buckinghamshire. RAF Halton is the Royal Air Force's initial training facility and all new recruits to the RAF spend 9 weeks at the station for basic recruit training.

The Cadets spent the time doing Leadership and Initiative training and exercises, orienteering, as well as using the excellent indoor sports hall. Part of the aims of the visit was to give the Cadet NCOs, Sergeants and Corporals an opportunity to develop their leadership skills, and to this end the exercises were prepared and run by these senior cadets aged between 15 and 17. Exercises ranged from simple confidence tests, through complicated initiative puzzles, to a full 1<sup>st</sup> aid exercise with mock casualties. By Sunday evening all the Cadets were tired but looking forward to the next visit, planned in May.

Dunstable Squadron are currently recruiting so, if you are aged between 13 and 16 years of age with a sense of adventure why not contact Flt Lt Mick Bell on 01234 307776 or at [atc460sqn@yahoo.co.uk](mailto:atc460sqn@yahoo.co.uk), visit our web site at [www.dunstable-aircadets.org.uk](http://www.dunstable-aircadets.org.uk), or visit the Squadron any Monday or Thursday evening.

Michael Bell  
Flt. Lt. RAF VR(T)  
OC 460 Squadron

encls: Photograph 1: Cadets at Camp  
Photograph 2: Rely on Friends  
Photograph 3: The RAF isn't the only one with planes

