

Bedfordshire and Cambridgeshire Wing
1220 (March) Squadron Air Training Corps

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See Distribution

PRESS RELEASE

AMAZING FEET!

Bedfordshire and Cambridgeshire cadets have completed one of the most famous marches in the world , the Nijmegen Vierdaagse or 4 day walk.

The 12 strong Team, lead by Sergeant Craig Carter, completed the 100 mile march on a high as they marched proudly into Nijmegen town centre.

Based at Camp Heumensoord, near Nijmegen, the cadets were up at 2:30 each morning ready to be walking by 4am. The route took them around the Nijmegen area covering just one mile short of a marathon each day. They were joined for some of march by Commandant Air Cadets, Air Commodore Ian Stewart.

Sergeant Carter said "The whole team worked well together and had a great week. It is a punishing routine to complete the course but I'm glad to say that they all made it and team effort played a big part."

There was time for reflection during the route on day three as the 12 joined the 200 strong Canadian contingent at Groesbeek Canadian War Cemetery where they laid poppies in memory 2,338 Canadian soldiers and airmen who died fighting to liberate the Netherlands in 1944 and 1945. "We were honored to be able to take part in the memorial service" added Sergeant Carter.

On completion of the Walk their medals were presented to them by Wing Commander I P Woodhouse, Commanding Officer of the British Military Contingent at Nijmegen 2008.

The Vierdaagse is the worlds biggest walking event and was first run in 1909. The cadets start training for the event in December and cover some 300 miles in practice including the RAF Cosford Qualifier and Waendal walks, 400 miles in total by the time Nijmegen was completed.

Colin Arnold RAFVR(T)

Pilot Officer
1220 (March) Sqn

Attachments: nijmegen3.jpg – the cadets prepare for an early start.



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As for a quote. uummmm
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something like

good week, the team worked together very well, very proud to take part in the Canadian service at the cemetery, happy that the whole team made it round.

Or some other rubbish like that.



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