

Bedfordshire and Cambridgeshire Wing  
1220 (March) Squadron Air Training Corps

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See Distribution

## PRESS RELEASE

### BRONZE DUKE OF EDINBURGH'S EXPEDITION BRAVES THE COLD

A cold snap didn't deter six more Air Cadets from 1220 (March) Squadron completing their expedition section of the Duke of Edinburgh's Award. Being completely self sufficient they walked for two days and camped overnight at Coxford, near Fakenham in Norfolk. During the night the temperature dropped to minus 6°C but the cadets were well prepared and coped with the cold.

For their evening meal they prepared pasta Carbonara which they cooked from scratch. Cdt Daniel Anderson said "I'm really proud that we've managed to cook Carbonara on a small stove in the outdoors and it was really tasty."

While these cadets were completing their actual expedition five others were doing their Bronze practice and 4 cadets completed an expedition to practice for their Silver. Both of these groups should complete their expeditions later in the year.

For further information on 1220 log onto the website at [www.1220atc.org.uk](http://www.1220atc.org.uk) .

#### Kirsty Burnham

Flt Lt  
OC 1220 Sqn

Attachments:

2010 03 Press Release DOFE1A – cadets awake to cold scene

2010 03 Press Release DOFO1B – cadets wrapped up and ready to go for day 2



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