

1220 (March) Squadron
Air Training Corps
Gas Road, March, Cambs.
PE15 9LU
Telephone 01354 651788



Date: 29 September 2010

See Distribution

PRESS RELEASE

FINDING GOLD IN THE LAKE DISTRICT

At the beginning of September five Air Cadets from 1220 (March) Squadron travelled to the Lake District to complete the expedition section of their Gold Duke of Edinburgh's' Award. The aim of their expedition was to experience a wild camp and to visit lakes and tarns in the Lake District.

Starting south of Coniston they walked north parallel to Coniston Water and at the end of day 1 climbed uphill to Goat Water. Just underneath the Old Man of Coniston they camped wild close to the edge of the tarn. The cadets were the only people at that location and enjoyed not having to share the mountains.

Day two took them uphill to follow a ridge up to Swirl How and around to Great Carrs. On the way they passed by the crash site of Halifax Bomber. After this they descended into Little Langdale and walked around Lingmoor to camp at the end of the Langdale valley.

On day three they followed part of the Cumbria way and leaving the Langdale valley behind they crossed over Stake pass and walked into Borrowdale. Cpl Simon Foster commented that "today was the best day's walking I've ever had in the hills. It was beautiful and we were completely away from roads and the more popular routes for daywalkers."

On their last evening of camping they enjoyed eating all of their extra food as the more they ate the less they would need to carry on their last day. The last day took them up to Honistor pass and then over Fleetwith Pike. From there they descended to Buttermere and followed the edge of Buttermere and then Crummock Water to the end of their route.

The assessor for the expedition was Flt Lt Stuart Dunnett, Officer Commanding 1030 (Whitehaven) Squadron who stepped in at the last minute to assess the team as the Cumbria award panel were unable to provide an assessor. In his write up he stated that the team were well trained and highly motivated and to be congratulated on completing a challenging expedition.

The last evening in the Lakes was spent in a Youth Hostel where the cadets were able to get clean and relax. They reflected on their experience and their attention now turns to writing their presentations and completing the remainder of their Gold Award.

Back at home Instructor Cadet Sergeant Tim Kightly has recently completed the Physical Recreation section and in doing so has completed his Gold award. He looks forward to receiving confirmation of the award and looks forward to visiting St James' Palace to receive his certificate.



Tel: 01354 651788

Email: 1220@aircadets.org

1220 (March) Squadron
Air Training Corps
Gas Road, March, Cambs.
PE15 9LU
Telephone 01354 651788



For further information on 1220 log onto the website at www.1220atc.org.uk .

Kirsty Burnham
Flt Lt RAFVR(T)
OC 1220 Sqn

Attachments: gold-dofe.jpg – the group at the end of their expedition



Tel: 01354 651788

Email: 1220@aircadets.org